

Cancellation & Accommodation Policies

- 1. Register with the Well Being Retreat Center for both tuition and accommodations.
- 2. Accommodation rates are per person for tuition, meals and lodging and are assigned on a first-come, first-served basis.
- 3. Payment is due in full at time of registration for your 1st choice of accommodations. If your 1st choice of housing is not available when you register, you will be assigned your 2nd choice, if available, and the difference in cost will be refunded to you or will be due from you depending on the discrepancy between the prices. If neither your first or second choice is available when you register, you will be contacted to see if another choice might be acceptable. If not, your payment will be immediately returned in full.
- 4. **Amenities:** Each Cabin has heat, electricity, a full bathroom, a refrigerator and kitchenette. Cabinettes are one room with two extra-long twin beds, ceiling fan, small floor heater, and a mini-fridge. Towels and linens are provided for Cabins and Cabinettes, but not for camping. Tent Camping option available along the river in a mowed fairly level pasture or in single AT Shelters with bathrooms & hot showers a short walk away. Camping will require you bring your own Camping gear.
- 5. **Meals:** Well Being will provide **2 meals;** supper on Friday evening upon arrival and lunch on Sunday to end the retreat. We will also provide coffee, teas and snacks during the retreat. Please plan to bring and prepare food for your other meals. All cabins have kitchenettes. Those staying in cabinettes will have access to the Conference Center's kitchen.
- 6. **Special Needs:** Well Being Retreat Center is located in a rural/rustic hilly setting and is not suitable for people having special mobility requirements. Meals will be non-vegetarian with vegetarian and dairy free options available at both meals. If you have special dietary needs, please plan to bring and prepare these foods in your cabin.

7. Housing cancellations

- 14 days or less prior to the starting date of the event: no refund will be provided.
- 15-30 days prior to the event: 50% refund will be provided.
- 31 days or more: a full refund subject to a \$75 per person processing fee will be provided.
- 8. Directions and more information will be included with the lodging confirmation and sent to you by email.

- 9. **Check-in/Check-out**: Check-in will take place from 3:00 to 5:00 pm on the retreat's start date and the retreat ends with lunch on the final day of the retreat
- 10. **Yogi Chores:** You will be asked to do kitchen clean-up after meals during the retreat. For many retreat attendees, kitchen comradery is a meaningful aspect of the retreat.
- 11. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.
- 12. When we receive your payment and registration information, Well Being Foundation will confirm receipt by email.

We hope you enjoy your stay at Well Being Retreat Center.