Errata for Well Being - A Keepsake Cookbook

At Well Being, we strive for excellence in every recipe, and we sincerely apologize for any errors that may have occurred. Below are the corrections to ensure your cooking experience is as smooth and enjoyable as intended.

Page 67

Recipe: Chickpea Salad

Error: Capers - 2 Tbsp
Correction: Capers - 2 tsp

• Error: Sunflower seeds - 1 tsp

Correction: Sunflower seeds - 1 Tbsp

Error: Mustard

Correction: Dijon Mustard

Page 100

Recipe: Kale Salad with Avocado and Pumpkin Seeds

• Error: Lemon - 1 tsp

Correction: Lemon Juice - 1 Tbsp

• Error: Salt - 1 tsp

Correction: Salt - 1/4 tsp

Thank you for your understanding and for choosing *Well Being - A Keepsake Cookbook*. If you have additional questions or notice other discrepancies, please reach out to us at patty@wellbeingcc.org

With gratitude,

Well Being Retreat Center