

# **“Living the Heart Sutra: A Path to Happiness” Retreat**

**with Leslie Rawls**  
at  
**Well Being Retreat Center**

**October 23 – October 26, 2025**

## **Cancellation & Accommodation Policies**

1. Register with Well Being Retreat Center for accommodations.
2. Accommodation rates are **per person** for meals and lodging. Choose to register for the 3-night entire retreat or register for the 2-night option beginning with Friday supper
3. If you have any questions about lodging, please contact [patty@wellbeingcc.org](mailto:patty@wellbeingcc.org) or at 423-626-9000.
4. **Amenities:** Each Cabin has heat, electricity, a full bathroom, a refrigerator and kitchenette. Cabinettes are one room, with 2 extra-long twin beds, a ceiling fan, a small floor heater, and a mini-fridge. Camping with your Tent is on fairly level, mowed pasture along the river or use one of Well Being’s 3-sided AT style shelters with bathrooms and hot showers nearby. Sheets, towels, and linens are provided for Cabins and Cabinettes, but not for Camping option.
5. **Special Needs:** Well Being Retreat Center is located in a rural/rustic hilly setting and is not suitable for people having special mobility requirements.
6. **Cancellation and Refund Policy:**
  - a. Cancellations 15 days or less prior to the starting date of the event: **no refund**
  - b. Cancellations 30-16 days prior to the start of the event: 50% refund.
  - c. If cancelled more than 30 days prior to the start of the retreat you will receive a full refund, **minus** a \$75 administrative processing fee.
7. Directions and more information will be included with the lodging confirmation and sent to you by email.
8. Check-in begins at 3:00 pm on Thursday October 23, 2025, and the retreat ends on Sunday October 26th by 2:00 pm. If you would like to arrive earlier or stay later, please make those arrangements with [Patty@WellBeingCC.org](mailto:Patty@WellBeingCC.org) in advance.

9. Yogi Chores: You will be asked to help with “Yogi Chores,” which will be helping with kitchen clean-up for up to 2 total hours during the retreat.
10. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.
11. Payment is due in full at time of registration for your 1<sup>st</sup> choice of accommodations.
12. When we receive your payment and registration information, Well Being Foundation will confirm receipt by e-mail.

**We hope you enjoy your stay at Well Being Retreat Center.**